

# The 100 Word Exercise Book

Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 1

**Topic/Unit name:** Around the home

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Large flashcards of 12 words in topic: Urdu script only
- Digital cameras (two or more, depending on number of students)
- Computer/screen to display digital images
- (optional) Doll's house + furniture

## Step 1

- ✓ Use real items of furniture/pictures/doll's house to teach the 12 words on page 9. (You can divide the 12 words into two batches of 6 for easier retention.)
- ✓ Ask students to repeat after you and then produce individually.
- ✓ Hold up large flashcards showing Urdu script for word as you say it.

## Step 2

- ✓ Lay all the large flashcards on the desk/floor.
- ✓ Say an Urdu word out loud. Ask students to point at the correct flashcard and say what it is in English.
- ✓ Get students to stick flashcards on items around the room.

## Step 3

- ✓ Ask questions pointing at objects, e.g.:

دروازہ کہاں ہے؟

- ✓ Get students to answer, e.g.:

یہاں!

## Classroom game

- ✓ Teach a few additional objects around your classroom (e.g. desk/board).
- ✓ Divide students into two or more groups and give each group a digital camera.
- ✓ Ask them to take pictures around the classroom (and/or doll's house) of some objects they have learned from very unusual angles/very close up.
- ✓ In groups, students present their pictures. Other groups ask questions about the photos, e.g:

وہ دروازہ ہے؟ نہیں!

وہ میز ہے؟ نہیں!

وہ ڈیسک ہے؟ ہاں!

## Self-study (in the classroom/for homework)

- ✓ Study and practice using the free online flashcards. Remind students of the 'Alphabet' tab option where they can look at the individual Urdu letters making up a word.
- ✓ 100 Words Urdu: pages 10–13, complete activities.
- ✓ (Optional writing) Print out their digital photos of mystery objects and write the Urdu word for each object under the photo.

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# The 100 Word Exercise Book

Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 2

**Topic/Unit name:** Clothes

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Children's clothes or doll's clothes (at least one for each item in Topic 2)
- Small suitcase or bag
- (optional) Fashion magazines

## Step 1

- ✓ Spread out the clothes on a table.
- ✓ Announce that Amina is going on holiday and that the students are going to help her pack.
- ✓ Pick up the clothes one by one, naming them in Urdu and asking students to repeat the words.

## Step 2

- ✓ After every three or four items, get the students to recap the Urdu words.
- ✓ Hold up the flashcard for each item showing the Urdu script. Point out the loan words that are similar to English. (You may want to mention that there is considerable regional variation with Urdu words for clothing, but that they will be understood if they use these words.)
- ✓ Ask the students one-by-one to point at a flashcard while saying the Urdu. Another student puts that item in the suitcase.

## Step 3

- ✓ When all 12 items of clothing are in the suitcase, teach students: مجھے دے دیں/یہ لیں/شکریہ
- ✓ 'Unpack' the suitcase. One student asking for an item, and another handing it over:
  - یہ قمیض مجھے دے دیں .
  - یہ لیں .
  - شکریہ .

- ✓ You could also have a third student finding the correct flashcard for each item as it is handed over.

## Classroom game

- ✓ This game works better if some students can put on hats/scarfs/coats/belts/sweaters so that they are not all wearing the same items.
- ✓ Arrange some chairs in a circle – one less chair than the number of students.
- ✓ Put all the flashcards from Topic 2 in a bag.
- ✓ One student stands in the middle of the circle and pulls out a flashcard, reading the Urdu side.
- ✓ Those wearing that item of clothing must get up and find another chair, as must the student who was standing in the middle.
- ✓ Whoever is left without a chair, takes the bag and pulls out another card and the game continues.

## Self-study (in the classroom/for homework)

- ✓ Study and practice the new vocabulary using the free online flashcards.
- ✓ 100 Words Urdu: pages 15–18, complete book activities.
- ✓ (Optional writing) Find some photos of clothes from fashion magazines/the internet. Paste them down and label them in Urdu script.

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# The 100 Word Exercise Book

Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 3

**Topic/Unit name:** Around town

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Small pictures of means of transportation
- Glue/scissors
- (optional) Computer(s) connected to the internet

## Step 1

- ✓ If you have access to the internet, try presenting the vocabulary using the 'Review it' mode in the free online flashcards.
- ✓ Give students five or ten minutes to practice the words using either the other learning modes of the online flashcards if you have multiple computers or a large screen; or they can use the tear-out cards at the back of their books.

## Step 2

- ✓ Make a large dice with pictures on the faces of car/taxi/bicycle/bus/train. For the sixth side, you can teach another means of transportation of interest to the students (boat/horse/tram?).
- ✓ Let the students take it in turns to roll the dice and say the correct Urdu.
- ✓ Continue until you are confident they can produce all the words correctly.

## Step 3

- ✓ Re-cap the other seven words in the topic for places (e.g. house/school, etc.).

## Classroom game

- ✓ Teach students that the Urdu equivalent of 'by' as in 'by train' and then teach them a simple sentence of your choice using this phrase, something like 'I went to the restaurant by train'.
- ✓ Put the seven flashcards from Topic 2 that represent places into a bag.
- ✓ Divide the class into small groups.
- ✓ Each group in turn must pull out a place flashcard and then roll the large transportation dice you made earlier. They must then produce the model sentence using the appropriate place and means of transportation.
- ✓ They can consult and you can give them points for each correct sentence.

## Self-study (in the classroom/for homework)

- ✓ 100 Words Urdu: pages 20–23, complete book activities.
- ✓ (Optional writing) Write some sentences of their own following the pattern used in the classroom game above.

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# The 100 Word Exercise Book

## Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 4

**Topic/Unit name:** Countryside

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- 2/3 large pictures of country scenes showing as many of the features in Topic 4 as possible
- (optional) Ariel photo of countryside

### Step 1

- ✓ Start by showing one of the large pictures.
- ✓ Point at features while teaching the individual words.
- ✓ Ask students to repeat and keep checking they remember by pointing at features already taught:

وہ پہاڑ ہے؟

وہ جھیل ہے؟

### Step 2

- ✓ Continue as Step 1 with other pictures until you have taught all 12 items of vocabulary.

### Step 3

- ✓ Ask the students to tear out their flashcards and divide them into those features that exist in their local area and those that don't.
- ✓ Teach them how to say 'there is/there isn't ... near us' or something similar as long as it is short and easy to remember. Then ask them to make sentences with the two piles of cards ('There is a river near us.', 'There isn't a forest near us', etc.).

### Classroom game

- ✓ Play Noughts and Crosses (Tic, Tac, Toe).
- ✓ Ask all the students to draw a large grid with 12 squares (3 x 4) and place a flashcard of their choice, Urdu side up, in each of the squares.
- ✓ Read out the words from Topic 4 in random order, pausing after each for students to remove the relevant flashcard and replace with a cross.
- ✓ The first student(s) to achieve four in a row are the winners. You can think of a word or expression in Urdu for them to shout out when they have achieved the row.
- ✓ Play as many times as you like. You can vary the order you read out the words, or play a silent version by holding up pictures.

### Self-study (in the classroom/for homework)

- ✓ Study and practice the new vocabulary using the free online flashcards.
- ✓ 100 Words Urdu: pages 25–28, complete book activities.
- ✓ (Optional writing) Hand out an ariel photo showing as many features as possible (e.g. lake/desert/river/sea/mountain/forest, etc.) and ask the students to label in Urdu the features they can see.

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# The 100 Words Exercise Book

Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 5

**Topic/Unit name:** Opposites

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Large flashcards of 12 words in topic: Urdu script only
- Pictures illustrating 12 adjectives (enlarged version of pictures in the book or other alternatives)
- Some objects/pictures of objects from Topics 1–4 100 Words Urdu
- Blank A3 paper

## Step 1

- ✓ Present each pair of adjectives orally using pictures. (You can use enlarged versions of the pictures in the 100 Words Urdu book or your own pictures.)
- ✓ After each pair, check orally that students remember them.
- ✓ Show the large flashcard of the adjective and point out the letters as you read the word.

## Step 2

- ✓ Ask a student to make a sentence, using one of the adjectives, e.g:

یہ بڑا ہے .

- ✓ Then ask a second student to disagree like this:

یہ بڑا ہے .

ہیں ! یہ چھوٹا ہے .

- ✓ Students can continue round the class or in pairs..

## Classroom game

- ✓ The idea of this game is for students to find unusual ways of helping each other to remember vocabulary.

- ✓ Divide the class into a few groups depending on numbers. It's better if the number of groups is a factor of 12 (i.e. two, three, four or six).
- ✓ Divide the 12 topic words between the groups and give each the equivalent number of A3 sheets.
- ✓ Each group thinks of visual ways of illustrating their words. There are no restrictions on what they can do. Give them a couple of examples, e.g. they could draw a picture of a fast animal in the shape of the Urdu word, with the pronunciation whizzing along beside it. Or they could write out a silly rhyme next to a picture of a toy piranha fish that is falling apart: 'My poor 'praanah', it's so old!'
- ✓ The groups present their ideas to the rest of the class. The results are usually humorous and memorable.

## Self-study (in the classroom/for homework)

- ✓ Study and practice the new vocabulary using the free online flashcards.
- ✓ 100 Words Urdu: pages 30–33.
- ✓ (Optional writing) Write out 4 to 6 of the mini-conversations in Step 3.

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# The 100 Word Exercise Book

Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 6

**Topic/Unit name:** Animals

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Large pictures of the twelve animals.

## Step 1

- ✓ Start off by showing pictures of animals that could be pets (cat, dog, fish, rabbit, horse, mouse).
- ✓ Think of a very simple way in Urdu of asking ‘Do you have a ... ?’ holding out the animal picture and looking questioning at them. Start with ‘Do you have a cat?’.
- ✓ Teach some short answers.
- ✓ Do the same with the other pictures of pets until all these words are familiar.

## Step 2

- ✓ Then hold up the picture of the lion. Ask the same question about the lion? Students will probably laugh. Get them to answer emphatically.
- ✓ Do the same with the other animals that are obviously not pets.

## Step 3

- ✓ Write the words for animals in Urdu script neatly one-by-one on the board and ask the students to try and identify the words as you write.

## Step 4

- ✓ In pairs, students tear out the flashcards from their books (one set for each pair).
- ✓ Each pair spreads the cards, Urdu-side up.
- ✓ They take it in turns to pick up a flashcard and ask and answer the question you have taught them.

## Classroom game

- ✓ This memory game is called “In my house I have a...” and is similar to “I went to market and bought...”.
- ✓ Teach the students how to say something like “In my house I have a...”. You can make the introductory sentence longer or shorter depending on what you think they can manage.
- ✓ Start off the game by saying in Urdu “In my house I have a...” and then naming an animal.
- ✓ The next student continues by adding an animal and the next student adds another animal, and so on.
- ✓ If a student can’t remember the order, the chain is broken and you need to start again.
- ✓ See how many animals they can say before the chain is broken for a class record!

## Self-study (in the classroom/for homework)

- ✓ Study and practice the new vocabulary using the free online flashcards.
- ✓ 100 Words Urdu: pages 35–38, complete book activities.
- ✓ (Optional writing) Student write sentences about which animals they have and don’t have at home. (Younger students could also draw a picture of their animals.) You can check the pets the students have and teach any additional words if necessary.

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# The 100 Word Exercise Book

## Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 7

**Topic/Unit name:** Parts of the body

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Large poster showing someone standing full length (i.e. showing all the parts of the body on page 39)
- Blue tack
- Scarf to use as blindfold

### Step 1

- ✓ Pin up the large poster.
- ✓ Point to the 12 parts of the body, teaching one by one. Ask students to repeat.
- ✓ Hold up the Urdu script flashcard for each part of the body as you teach.
- ✓ Keep checking back to make sure they remember all the parts taught so far.

### Step 2

- ✓ Practice by playing “Pin the label on the body”.
- ✓ Show students one of the twelve Urdu flashcards. Check they can pronounce it and know the meaning.
- ✓ Put a piece of blue tack on the back of the flashcard and blindfold one of the students with the scarf.
- ✓ Spin him/her around and direct him/her towards the large poster.
- ✓ Ask them to attach the label to the poster where they think that part of the body is. Other students can help by saying ‘left/right’ or similar in Urdu.
- ✓ You can then remove the scarf so they can see how accurate they were. Ask them to move the label if it is in the wrong position.
- ✓ Continue with another flashcard/student.

### Classroom game

- ✓ Play a variation of “Simon says”
- ✓ Students have to point to the correct part of their body while you ask question such as  
ٹانگ کہاں ہے؟
- ✓ Practice all the parts of body slowly first making sure everyone is clear what to do.
- ✓ Then explain that they must only point if you say the full question. They shouldn’t move if you only say ٹانگ؟
- ✓ Starting slowly and then speeding up, fire the questions at the students, leaving off کہاں ہے؟ from time to time.
- ✓ If a student still points, he or she is out of the game. The winner is the last one left.

### Self-study (in the classroom/for homework)

- ✓ Study and practice the new vocabulary using the free online flashcards.
- ✓ 100 Words Urdu: pages 40–43, complete book activities.
- ✓ (Optional writing) Paste down a full-length photo/drawing of someone and label the 12 parts of the body they have been taught.

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# The 100 Word Exercise Book

Lesson ideas from *g-and-w*

**Title:** 100 Words Urdu

**Topic/Unit number:** 8

**Topic/Unit name:** Useful Expressions

**Materials needed:**

- 100 Words Urdu (students should each have their own copy for maximum benefit)
- Blue tack

## Step 1

- ✓ It's a good idea to try and incorporate as many as possible of these very basic expressions into your general classroom language from day one. Students should at least already know how to say: yes/no, please/thank you, hello/goodbye, where?, here, great!

## Step 2

- ✓ Recap words and expressions students already know, using flashcards to introduce the written.
- ✓ Point out anything on the Urdu flashcard, for example the spelling and if the expression is more than one word.
- ✓ Teach any remaining expressions that the students don't know, with the corresponding flashcards.

## Step 3

- ✓ Make up some scenarios in English to which the students have to respond in Urdu. E.g.:
  - You've just stepped on my toe.
  - افسوس
- ✓ After you have given two or three scenarios, let a student make one up and another give the correct Urdu response.
- ✓ Ask students to work in pairs. Student A makes up a scenario in English, then Student B gives the appropriate Urdu response. They then swap roles.

## Classroom game

- ✓ Play "Bang the board".
- ✓ Pin up all 16 flashcards on the board with the English side showing.
- ✓ Two students stand either side of the board where they can both reach the flashcards. You (or a third student) says one of the phrases in Urdu.
- ✓ The two students compete to see who can 'bang' the corresponding English word with their hand first.
- ✓ Continue with the next word.
- ✓ For a more challenging version, turn the flashcards to Urdu side and call out the English words.
- ✓ You can vary the speed and also give points.

## Self-study (in the classroom/for homework)

- ✓ Study and practice the new vocabulary using the free online flashcards.
- ✓ 100 Words Urdu: pages 45–48, complete book activities.
- ✓ (Optional writing) Write up some scenarios of their own (in English) and the Urdu response (as in Step 3).

## Review

- ✓ The 'Round-up' section (pages 49–58 and tracks 26–29) includes all the 100 words. The activities can be exploited for review.

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